

## Promoting health and hygiene

### Nappy changing



#### Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### Procedures

- Young children from two years should wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.
- Changing areas are warm and there are safe nappy changing unit to lay down young children if they need to have their bottoms cleaned.
- Each young child has their own shelf to store their own nappies or 'pull ups' and changing wipes, which are provided by the parent/carer.
- Gloves and aprons are put on before changing starts and the areas are prepared. The changing mat is wiped with antibacterial cleaner, before each child is changed, and after each use.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.

- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. Wet or soiled nappies are put in a tied nappy sack and placed in the nappy disposal unit. Wet and soiled clothes are placed in a tied nappy sack and handed to the parent when collecting.
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

This policy was adopted at a meeting of

Little Explorers Pre-School

Held on

Date to be reviewed

Signed on behalf of the management  
committee

Name of signatory

Role of signatory (Chairperson)

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